

Perfect and healthy baby boy, Walden Duke Dunford was born into this world March 19th 2:22pm. Weighing 6 lbs. 14 ounces! My home birth experience was indescribably beautiful, infused with overwhelming amounts of primal power and spiritually divine guidance. Labor was only 4 hrs, lots of that time spent in the water while my sisters Lizzy the bongo drum and shakers and sang baby walden into this world. My dear brother Tyler Dunford's spirit was present and providing me with strength and the assurance that my body was capable for the perfect healing birth that I envisioned. I can't ever thank @hannah.dunford my sister and midwife enough for being my solid support of wholistic energy. My mother @gjdunfam a goddess for raising me with all the strength, confidence and wisdom I need to become a mother. And my amazing dad for always showing me such love and support.

I have shed a lifetime of layers and blossomed into the woman I've always dreamed I could be, and so much more. Thank you my sweet son for saving my life and showing me my potential. I'm so excited to for our life journey!

-- Jessica Dunford